

## **The Holy Eucharist: Rite II**

**August 4, 2024 – The Eleventh Sunday after Pentecost**

**10:00 am**

**St. James Episcopal Church, Woodstock, Vermont**

Prelude: *Prelude and Fugue in E Minor* - Bach Circle

Dr. James E. Lorenz, Director of Music

### **Hymn 522 Glorious Things of Thee Are Spoken (Austria)**

1. Glorious things of thee are spoken,  
Zion, city of our God;  
he whose word cannot be broken  
formed thee for his own abode;  
on the Rock of Ages founded,  
what can shake thy sure repose?  
With salvation's walls surrounded,  
thou may'st smile at all thy foes.

2. See! the streams of living waters,  
springing from eternal love,  
well supply thy sons and daughters  
and all fear of want remove.  
Who can faint, when such a river  
ever will their thirst assuage?  
Grace which, like the Lord, the giver,  
never fails from age to age.

3. Round each habitation hovering,  
see the cloud and fire appear  
for a glory and a covering,  
showing that the Lord is near.  
Thus deriving from their banner,  
light by night, and shade by day,  
safe they feed upon the manna  
which he gives them when they pray.

4. Blest inhabitants of Zion,  
washed in the Redeemer's blood!  
Jesus, whom their souls rely on,  
makes them kings and priests to God.  
'Tis his love his people raises  
over self to reign as kings:  
and as priests, his solemn praises  
each for a thank-offering brings.

### **The Word of God**

*The people standing, the Celebrant says*

Blessed be God, Father, Son and Holy Spirit.  
*People* And blessed be God's kingdom, now and for ever. Amen.

*The Celebrant may say*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.  
*Amen.*

**Gloria in Excelsis (S280, *The Hymnal 1982*)**

Glory to God in the highest,  
and peace to God's people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

**The Collect of the Day**

*The Celebrant says to the people*

<b>People</b>	The Lord be with you.
<b>Celebrant</b>	<b>And also with you.</b>
	Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

**People** Amen.

## **First Lesson: 2 Samuel 11:26-12:13a**

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son.

But the thing that David had done displeased the LORD, and the LORD sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meager fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveler to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the LORD lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity."

Nathan said to David, "You are the man! Thus says the LORD, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the LORD, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the LORD: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbor, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the LORD."

## **Psalm 51:1-13 (BCP, page 656)**

- 1 Have mercy on me, O God, according to your loving-kindness; \*  
in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness \*  
and cleanse me from my sin.
- 3 For I know my transgressions, \*  
and my sin is ever before me.

- 4 Against you only have I sinned \*  
and done what is evil in your sight.
- 5 And so you are justified when you speak \*  
and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, \*  
a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, \*  
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure; \*  
wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, \*  
that the body you have broken may rejoice.
- 10 Hide your face from my sins \*  
and blot out all my iniquities.
- 11 Create in me a clean heart, O God, \*  
and renew a right spirit within me.
- 12 Cast me not away from your presence \*  
and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again \*  
and sustain me with your bountiful Spirit.

### **Second Lesson: Ephesians 4:1-16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

"When he ascended on high he made captivity itself a captive;  
he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints

for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

**Sequence Hymn 323 Bread of Heaven on Thee We Feed (*Jesu, Jesu, du mein Hirt*)**

1. Bread of heaven, on thee we feed,  
for thy Flesh is meat indeed;  
ever may our souls be fed  
with this true and living Bread;  
day by day with strength supplied,  
through the life of him who died.

2. Vine of heaven, thy Blood supplies  
this blest cup of sacrifice;  
Lord, thy wounds our healing give,  
to thy cross we look and live:  
Jesus, may we ever be  
grafted, rooted, built in thee.

**The Gospel: John 6:24-35**

*Then, all standing, the Deacon or a Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ according to John.

**People**                      **Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

***People:* Praise to you, Lord Christ.**

**The Sermon: The Rev. Amy Spagna**

**The Nicene Creed (BCP, page 358)**

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

**The Prayers of the People, Form II (BCP, page 385)**

*In the course of the silence after each bidding, the People offer their own prayers, either silently or aloud.*

I ask your prayers for God's people throughout the world; for our Bishop, Shannon; for this gathering; and for all ministers and people.  
Pray for the Church.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.  
Pray for justice and peace.

*Silence*

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.  
Pray for those in any need or trouble.

*Silence*

I ask your prayers for all who seek God, or a deeper knowledge of God.  
Pray that they may find and be found by God.

*Silence*

I ask your prayers for the departed [especially\_\_\_\_\_],  
Pray for those who have died.

*Silence*

*Members of the congregation may ask the prayers or the thanksgivings of those present*

I ask your prayers for\_\_\_\_\_.

I ask your thanksgiving for\_\_\_\_\_.

*Silence*

Praise God for those in every generation in whom Christ has been honored [especially \_\_\_\_\_ whom we remember today].

Pray that we may have grace to glorify Christ in our own day.

*Silence*

*The Celebrant adds a concluding Collect.*

### **Confession of Sin (BCP, page 360)**

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and **People***

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Bishop when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

### **The Peace**

*All stand. The Celebrant says to the people*

*People*      The peace of the Lord be always with you.  
                  And also with you.



## The Holy Communion

### Offertory Hymn 699 Jesus, Lover of My Soul (*Aberystwyth*)

1. Jesus, Lover of my soul,  
let me to thy bosom fly,  
while the nearer waters roll,  
while the tempest still is high:  
hide me, O my Savior, hide,  
till the storm of life be past;  
safe into the haven guide,  
O receive my soul at last.

2. Other refuge have I none,  
hangs my helpless soul on thee;  
leave, ah! leave me not alone,  
still support and comfort me!

All my trust on thee is stayed;  
all my help from thee I bring;  
cover my defenseless head  
with the shadow of thy wing.

3. Plenteous grace with thee is found,  
grace to cleanse from every sin;  
let the healing streams abound,  
make and keep me pure within.  
Thou of life the fountain art,  
freely let me take of thee:  
spring thou up within my heart,  
rise to all eternity.

### The Doxology: Hymn 380, vs. 3 (*Old 100<sup>th</sup>*)

Praise God from whom all blessings flow;  
Praise him, all creatures here below;  
praise him above, ye heavenly host:  
praise Father, Son, and Holy Ghost.

### The Great Thanksgiving: Eucharistic Prayer C (BCP, page 369)

*In this prayer, the lines in italics are spoken by the People.*

*The Celebrant, whether bishop or priest, faces them and sings or says*

The Lord be with you.  
*And also with you.*

Lift up your hearts.  
*We lift them to the Lord.*

Let us give thanks to the Lord our God.  
*It is right to give our thanks and praise.*

*Then, facing the Holy Table, the Celebrant proceeds*

God of all power, Ruler of the Universe, you are worthy of glory and praise.  
***Glory to you for ever and ever.***

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

***By your will they were created and have their being.***

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

***Have mercy, Lord, for we are sinners in your sight***

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

***By his blood, he reconciled us. By his wounds, we are healed.***

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

***Celebrant and People (S129, The Hymnal 1982)***

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

***The Celebrant continues***

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

***At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.***

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***We celebrate his death and resurrection,  
as we await the day of his coming.***

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

***Risen Lord, be known to us in the breaking of the Bread.***

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. ***AMEN.***

And now, as our Savior Christ has taught us, we are bold to say,

***People and Celebrant***

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

**The Breaking of the Bread**

***The Celebrant breaks the consecrated Bread.***

***A period of silence is kept.***

*Then may be sung or said*

[Alleluia.] Christ our Passover is sacrificed for us;  
***Therefore let us keep the feast. [Alleluia.]***

**Fraction Anthem: *Agnus Dei* (S163, *The Hymnal 1982*)**

Jesus, Lamb of God, have mercy on us.  
Jesus bearer of our sins, have mercy on us.  
Jesus, redeemer of the world, give us your peace.

**The Invitation to Holy Communion**

*Facing the people, the Celebrant says the following Invitation*

The Gifts of God for the People of God.

*and may add*                    Take them in remembrance that Christ died for you, and feed on him  
in your hearts by faith, with thanksgiving.

*Those unable to receive communion in person today are invited to say the following  
Prayer of Spiritual Communion.*

*In union, blessed Jesus, with the faithful gathered at every altar of your Church where  
your blessed Body and Blood are offered this day, and remembering particularly my own  
parish and those worshiping there, I long to offer you praise and thanksgiving, for  
creation and all the blessings of this life, for the redemption won for us by your life,  
death, and resurrection, for the means of grace and the hope of glory.*

*And particularly for the blessings given me.... I believe that you are truly present in the  
Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come  
into my heart. I unite myself with you and embrace you with all my heart, my soul, and  
my mind. Let nothing separate me from you; let me serve you in this life until, by your  
grace, I come to your glorious kingdom and unending peace. Amen.*

*(SOURCE: <https://news.forwardmovement.org/wp-content/uploads/2020/03/Spiritual-Communion.pdf>)*

**Postcommunion Prayer (BCP, page 365)**

*After Communion, the Celebrant says*

Let us pray.

*Celebrant and People*

Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.

*The Bishop when present, or the Priest, may bless the people*

**Hymn 690 Guide Me, O Thou Great Jehovah (Cwm Rhondda)**

1. Guide me, O thou great Jehovah,  
pilgrim through this barren land;  
I am weak, but thou art mighty;  
hold me with thy powerful hand;  
bread of heaven, bread of heaven,  
feed me now and evermore,  
feed me now and evermore.

2. Open now the crystal fountain,  
whence the healing stream doth flow;  
let the fire and cloudy pillar  
lead me all my journey through;

strong deliverer, strong deliverer.  
be thou still my strength and shield,  
be thou still my strength and shield.

3. When I tread the verge of Jordan,  
bid my anxious fears subside;  
death of death, and hell's destruction,  
land me safe on Canaan's side;  
songs of praises, songs of praises,  
I will ever give to thee,  
I will ever give to thee.

*The Deacon, or the Celebrant, dismisses them with these words*

Go in peace to love and serve the Lord.  
**People    Thanks be to God.**

Postlude: *Prelude in G Major* – J. S. Bach  
Dr. James E. Lorenz, Director of Music