

**The Holy Eucharist, Rite II
The Third Sunday in Lent – March 8, 2026
St. James Episcopal Church, Woodstock, Vermont
10:00 am**

Prelude:

Dr. James Lorenz, Director of Music

Hymn 148 Creator of the Earth and Skies (*Uffingham*)

1. Creator of the earth and skies,
to whom the words of life belong,
grant us your truth to make us wise;
grant us your power to make us strong.

2. We have not known you: to the skies
our monuments of folly soar,
and all self-wrought miseries
have made us trust ourselves the more.

3. We have not loved you: far and wide
the wreckage of our hatred spreads,

and evils wrought by human pride
recoil on unrepentant heads.

4. For this, our foolish confidence,
our pride of knowledge and our sin,
we come to you in penitence;
in us the work of grace begin.

5. Teach us to know and love you, Lord,
and humbly follow in your way.
Speak to our souls the quickening word,
and turn our darkness into day.

A Penitential Order

BCP, page 351

The people standing, the Celebrant says

Bless the Lord who forgives all our sins.
People His mercy endures for ever.

The Decalogue

BCP, page 350

Hear the commandments of God to God's people:
I am the Lord your God who brought you out of bondage.
You shall have no other gods but me.

People: Amen. Lord have mercy.

You shall not make for yourself any idol.

People: Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

People: Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

People: Amen. Lord have mercy.

Honor your father and your mother.

People: Amen. Lord have mercy.

You shall not commit murder.

People: Amen. Lord have mercy.

You shall not commit adultery.

People: Amen. Lord have mercy.

You shall not steal.

People: Amen. Lord have mercy.

You shall not be a false witness.

People: Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

People: Amen. Lord have mercy.

The Celebrant may read one of the following sentences

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

Since we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. *Hebrews 4:14,16*

The Deacon or Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you**

**in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

When this Order is used at the beginning of the Liturgy, the service continues with the Gloria in excelsis, the Kyrie eleison, or the Trisagion.

Kyrie Eleison (S91, The Hymnal 1982)

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Old Testament Lesson: Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the

people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Psalm 95 (BCP, page 724)

- 1 Come, let us sing to the LORD; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
- 3 For the LORD is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee, *
and kneel before the LORD our Maker.
- 7 For he is our God, and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts, as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me.
- 9 They put me to the test, *
though they had seen my works.
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts; they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest."

New Testament Lesson: Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Sequence Hymn 685 Rock of Ages, Cleft for Me (*Toplady*)

1. Rock of ages, cleft for me,
let me hide myself in thee;
let the water and the blood
from thy wounded side which flowed,
be of sin the double cure,
cleanse me from its guilt and power.

2. Should my tears for ever flow,
should my zeal no languor know,
all for sin could not atone:

thou must save, and thou alone;
in my hand no price I bring,
simply to thy cross I cling.

3. While I draw this fleeting breath,
when mine eyelids close in death,
when I rise to worlds unknown
and behold thee on thy throne,
Rock of ages, cleft for me,
let me hide myself in thee.

The Gospel: John 4:5-42

Then, all standing, the Deacon or a Priest reads the Gospel, first saying

The holy gospel of our Lord Jesus Christ, according to John.

People: Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord.

People: Praise to you, Lord Christ.

The Sermon: The Rev. Amy Spagna

On Sundays and other Major Feasts there follows, all standing

The Nicene Creed

(BCP, page 358)

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father. He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People, Form III (BCP, page 387)

The Leader and People pray responsively

Leader: Father, we pray for your holy catholic Church;

People: That we all may be one.

Leader: Grant that every member of the Church may truly and humbly serve you;

People: That your Name may be glorified by all people.

Leader: We pray for Sean, our Presiding Bishop; Shannon, our own bishop; and all bishops, priests, and deacons;

People: That they may be faithful ministers of your Word and Sacraments.

Leader: We pray for all who govern and hold authority in the nations of the world;

People: That there may be justice and peace on the earth.

Leader: Give us grace to do your will in all that we undertake;

People: That our works may find favor in your sight.

Leader: Have compassion on those who suffer from any grief or trouble;

People: That they may be delivered from their distress.

Leader: Give to the departed eternal rest;

People: Let light perpetual shine upon them.

Leader: We praise you for your saints who have entered into joy;

People: May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

The Celebrant adds a concluding Collect.

The Peace

BCP, page 360

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and People may greet one another in the name of the Lord.

The Holy Eucharist

Offertory Anthem:

The Doxology: Hymn 380, vs. 3 (Old 100th)

Praise God from whom all blessings flow; Praise him, all creatures here below;
praise him above, ye heavenly host: praise Father, Son, and Holy Ghost.

The Great Thanksgiving: Eucharistic Prayer A (BCP, page 361)

The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says

	The Lord be with you.
People	And also with you.
<i>Celebrant</i>	Lift up your hearts.
People	We lift them to the Lord.
<i>Celebrant</i>	Let us give thanks to the Lord our God.
People	It is right to give our thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth, through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People (S114, The Hymnal 1982)

**Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

*The people stand or kneel.
Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

And now, as our Savior
Christ has taught us,
we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Then may be sung or said

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

Agnus Dei (S158, *The Hymnal 1982*)

**O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for
you, and feed on him in your hearts by faith, with thanksgiving.

*Those unable to receive communion in person today are invited to say the following
Prayer of Spiritual Communion.*

*In union, blessed Jesus, with the faithful gathered at every altar of your Church where
your blessed Body and Blood are offered this day, and remembering particularly my own
parish and those worshipping there, I long to offer you praise and thanksgiving, for
creation and all the blessings of this life, for the redemption won for us by your life,
death, and resurrection, for the means of grace and the hope of glory.*

*And particularly for the blessings given me.... I believe that you are truly present in the
Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come
into my heart. I unite myself with you and embrace you with all my heart, my soul, and
my mind. Let nothing separate me from you; let me serve you in this life until, by your
grace, I come to your glorious kingdom and unending peace. Amen.*

Postcommunion Prayer

BCP, page 366

Celebrant and People

**Almighty and everliving God,
we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.**

**To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

Prayer over the People and Dismissal

Celebrant: Bow down before the Lord.

Silence is kept.

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Jesus Christ our Lord. **Amen.**

Hymn 690 Guide Me, O Thou Great Jehovah (*Cwm Rhondda*)

1. Guide me, O thou great Jehovah,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand;
bread of heaven, bread of heaven,
feed me now and evermore,
feed me now and evermore.

2. Open now the crystal fountain,
whence the healing stream doth flow;
let the fire and cloudy pillar
lead me all my journey through;

strong deliverer, strong deliverer.
be thou still my strength and shield,
be thou still my strength and shield.

3. When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side;
songs of praises, songs of praises,
I will ever give to thee,
I will ever give to thee.

Dismissal

BCP, page 366

Celebrant: Let us go in peace to love and serve the Lord.

***People:* Thanks be to God.**

Postlude:

Dr. James E. Lorenz, Director of Music